

Program Description

The Nurse-Family Partnership (NFP) is a home visitation program that uses Public Health Nurses (PHNs) to provide intensive home visitation services to young, first-time pregnant and parenting teens/women in Los Angeles County who are living in poverty. The Dr. David Olds "Prenatal and Early Childhood Nurse Home Visitation" model is used to guide the PHNs in home visitation services with the goals of fostering healthier pregnancies, improving the health and development of children, and encouraging family self-sufficiency. Home visits are initiated by PHNs before the mother's 28th week of pregnancy and continued until the child reaches his/her second birthday. PHN home visitors follow tested program protocols that focus on six domains of functioning: personal health, environmental health, maternal role development, maternal life-course development, building support networks, and understanding how to access health and social service programs in the community. The evaluation staff of NFP regularly monitor data related to the clients' health habits during pregnancy (i.e. use of tobacco, alcohol, and drugs), birth outcomes, breastfeeding, child safety, enrollment in educational programs, workforce participation, subsequent pregnancies, and more. The data shows that outcomes of the program generally match or exceed the standards set by Dr. David Olds and his colleagues.

Important Things to Know

- In order to participate in NFP, women must be first time pregnant young mothers who are living in poverty.
- Women must also be less than 28 weeks into their pregnancy.
- NFP prefers that women who participate be under the age of 26 but will take older mothers with special circumstances.
- Women may also be accepted into the program if they are undocumented.

For more information, please call (213) 639-6433
or (213) 639-6434 or visit <http://lapublichealth.org/mch>
and click on Nurse Family Partnership.



